

## LOVELAND

*a long, long time ago  
when i was blessed with time to lose  
the hardest thing to learn was patience  
i couldn't wait to fill my mother's shoes*

*people say down here in loveland  
nothing without providence and fate  
you can try to learn to tell time  
yet sometimes you will be late*

*i learned to read the city sign  
shining in the morning sun  
it felt just like a promise  
the best is yet to come*

*where time is flowing east  
the past is sinking in the west  
sweet home of heart  
golden state of grace  
where everything is falling into place  
all you need is to believe  
you don't have to understand  
nothing happens without providence  
in loveland*

*some time ago in loveland  
i lost my heart when i found you  
lord, may you never let this love end  
and guide us wherever we go through*

*the sun was shining down on loveland  
under a perfect sky of blue  
time was standing still  
when you whispered "yes, i do"*

*so wear this sign of love  
in the name of the father and the son  
and i promise you  
the best is yet to come*

*that's where time is flowing east  
the past is sinking in the west  
sweet home of heart  
golden state of grace  
where everything is falling into place  
all you need is to believe  
you don't have to understand  
nothing without providence  
in loveland*

*time goes by so fast  
the more you've had the less you have to lose  
between working nine to five  
and lacing up your children's shoes  
just let go what you can't change  
and change what you can't let go  
that's what i tried to learn  
a long, long time ago*

*time is flowing east  
the past is sinking in the west  
sweet home of heart  
golden state of grace  
where everything is falling into place  
it's been a long, long time in loveland  
the day is almost done  
nothing without providence  
the best is yet to come*

*carolin no  
album: loveland, 2011*

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## YEAR OF NOVEMBER

*year of trying to get back  
back on my feet again  
year of trying to forget  
forget this sad refrain*

*year of unfinished poem  
searching for the missing line  
year of a million stupid reasons  
year without a perfect rhyme*

*year of unsung lyric  
year of broken string  
year of waiting for*

*year of minor music  
year of love in vain  
year of a thousand shades of grey  
coming through my window pane*

*year of cloudy sunrise  
year of sleepless nights  
year of too many all-saints days  
year of neon lights*

*year of unsung lyric  
year of broken string  
year of november  
year of waiting for*

*year of wilted flowers  
year of empty streets  
year of playing losing games  
year of taken catbird seats*

*year of aging lies  
year of untold truth  
year of broken promises  
year of fading youth*

*year of unplayed chorus  
year of out of tune string  
year of november  
year of waiting for*

*waiting for spring  
waiting for spring*

*i'm trying to get back  
back on my feet again  
and i'm trying trying  
to forget forget this sad refrain*

*i will sing my song  
i will find the missing line  
and a million million stupid reasons  
will make a perfect rhyme*

*i will right my wrongs  
i will fix this broken string  
after a year of november  
will follow a year of spring*

*carolin no  
album: loveland, 2011*

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## YOU AND I

*some stay in shallow waters  
but our future is the open sea  
i will fear no evil  
as long as you're right here with me*

*with you i'll stay the course  
together we will rise above  
we'll set the sails of faith  
raise the flag of love*

*some stick to the ground  
but our future is the endless sky  
together we will never fall  
we may even learn to fly*

*you make me believe  
as i look up to the stars above  
high up on the skies of faith  
there's no gravity for love*

*the heaven and the earth  
the ocean and the sky  
belong together for all times  
just like you and i*

*the heaven and the earth  
the ocean and the sky  
belong together for all times  
just like you and i*

*carolin no  
album: loveland, 2011*

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## HANDS

*hands help  
hands hurt  
hands heal  
hands steal*

*hands give  
hands take  
hands destroy  
hands create*

*these are the hands  
the hands of history  
we are the hands  
the hands of history  
just like a never ending symphony  
these are the hands  
the hands of you and me*

*hands build bridges  
hands build walls  
hands sign contracts  
hands tear down walls*

*hands grow old  
hands grow cold  
hands kill for silver  
hands kill for gold*

*these are the hands  
the hands of history  
we are the hands  
the hands of history  
just like a never ending symphony  
these are the hands  
the hands of you and me*

*hands play drums  
hands shoot guns  
hands show the way  
hands fold to pray*

*hands can do  
almost everything  
hands wash away  
wash away the sin*

*these are the hands  
the hands of history  
we are the hands  
the hands of history  
just like a never ending symphony  
these are the hands  
the hands of you and me*

*carolin no  
album: loveland, 2011*

## BOUND TO LAST

*be still, don't talk now  
let us only be in this moment  
until the sun goes down*

*be still, don't think now  
here in this golden glow, just you and i  
let me hear your singing heart*

*be still, don't you feel  
this is bound to last*

*carolin no  
album: loveland, 2011*

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## VENTURA, CA

*the hills on the left  
the ocean on the right  
i just headed out  
i never said goodbye*

*as i rode out on highway one  
the sun was shining all the way  
but my mind was full of clouds  
how i wished that i could stay*

*it felt like leaving home  
on that sunny summer day  
when i didn't say goodbye  
to ventura, ca*

*and the place where i came from  
felt more than just a thousand miles away  
as i rode out  
of ventura, ca*

*i cried with the violins  
by the flowers and the trees  
the heavy 29s  
were playing just for me*

*i looked into the mirror  
and saw the water one more time  
the reflection's getting smaller  
but it's forever on my mind*

*it felt like leaving home  
on that sunny summer day  
when i didn't say goodbye  
to ventura, ca*

*and the place where i came from  
felt more than just a thousand miles away  
as i rode out  
of ventura, ca*

*i miss the watermark on main  
the california blues  
the rock in morro bay  
the hook in santa cruz*

*home is where the heart is  
feels truer day by day  
i left a part of my heart  
more than just a thousand miles away*

*it felt like leaving home  
on that sunny summer day  
when i couldn't say goodbye  
to ventura, ca*

*and the place where i came from  
felt more than just a thousand miles away  
as i rode out*

*i know i'll come back home  
on a sunny summer day  
to my californ-i-a*

*carolin no  
album: loveland, 2011*

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## SICK OF HOME BLUES

*i am a bird in an open cage  
i am a bird in an open cage  
i am a bird in an open cage  
sick of home  
but afraid to roam*

*i can't stay  
i can't go  
i can't say yes  
i can't say no  
i can't win  
i'm bound to lose  
i can't help but sing  
my sick of home blues*

*i've got the heart of a rolling stone  
i've got the heart of a rolling stone  
i've got the heart of a rolling stone  
i can't make up my mind  
to leave my comfort zone*

*can't make up my mind to leave my comfort zone  
i'm as free as a bird up here on my own  
now i've got to choose because i've paid my dues  
with a new pair of shoes let's kick these sick of  
home blues  
it is clear to me that the time has come  
to stop fooling around let's go have some fun  
emancipate yourself from the safety of home  
you gonna have the blues whether you stay or go*

*the message right here is so very clear  
be true to yourself don't have no fear  
pick your moment and choose your time  
when the blues are gone you gonna be just fine  
i got the heart of a rolling stone  
free as a bird up here on my own  
afraid to leave to know what to do  
still asking myself what when why or who*

*i can't stay  
i can't go  
i can't fly away  
somehow i'm bound to stay  
i can't win  
i can only lose  
as long as i stick around  
with the sick of home blues*

*i am a bird in an open cage  
i am a bird in an open cage  
i'll stop singing the blues, some sunny day  
spread my wings  
and fly away  
fly away*

*carolin no  
album: loveland, 2011*

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## MESS UP THE SUN

*i climb the ladder  
to mess up the sun  
you will not see me  
and what i have done  
i climb the ladder  
up to the sun  
higher and higher  
i know what i've done*

*mess up, black out, mess up the sun  
mess up, black out, the big yellow one*

*now that i'm back  
from my trip to the sun  
i see that you know  
that i did you wrong  
why i was climbing  
why i was trying  
to mess up the sun*

*mess up, black out, mess up the sun  
mess up, black out, the big yellow one*

*carolin no  
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## TAKE TIME

*take time to mourn  
take time to see  
the winter drawing quietly in*

*take time for grief  
and memories  
to celebrate a life well lived  
take time for joy*

*take time to be  
a part of spring and growing things  
take time for love  
eternity  
and know how much you're loved by me*

*carolin no  
album: loveland, 2011*

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## THE DAY I GREW OLD

*winter sun  
close but cold  
on the day i grew old*

*i got up in the morning  
with the smile of a child  
on the day i grew old*

*i heard my brother laughing  
and i was singing  
from a distant place  
i heard the church bells ringing  
how i wish i'd never learned  
what i had to learn that day  
i grew old  
on the day you went away*

*it was the brightest day  
when the call came in  
on the day i grew old*

*you've got to be quiet now  
my father whispered in my ear  
on the day i grew old*

*we were children laughing  
children singing  
from a distant place  
we heard the church bells ringing  
how i wish i'd never learned  
what i had to learn that day  
i grew old  
on the day you went away*

*there are things that you lose  
you'll never get back  
there are things that you do  
you'll always regret  
but one fine day  
there's no telling when  
one fine day i know for sure  
we'll meet again*

**carolin no**  
**album: loveland, 2011**

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## CITY LIGHTS

*i sit and count the city lights  
from high above here i can see  
how they come on every night  
i wonder which one shines for me*

*i sit and count the city lights  
i have watched the sunlight fade  
this is what my dreams are like  
beautiful but far away*

*i sit and count the city lights  
they shine so bright and true  
maybe there will come another night  
i'll be counting them with you*

*i sit up here all through the night  
waiting for you to come  
counting all those city lights  
into the morning sun*

**carolin no**  
**album: loveland, 2011**

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## HEART/HERZ

*i've given you this heart of mine  
so you'll have one of your own  
now wear it on your sleeve  
and show the world  
you'll never leave*

*i've given you this heart of mine  
a hundred days ago  
and a thousand songs i've sung  
i just want you to know  
how long that it's been true  
my whole world  
is revolving around you*

*i've given you this heart of mine  
now it's forever yours  
just promise me you'll give it  
what it's needing  
cause it's only love that keeps it beating*

.....

*ich habe dir mein herz geschenkt  
damit du eines hast  
damit du dir eins fasst  
und sagst, daß du mich liebst*

*ich habe dir mein herz geschenkt  
vor hundert tagen, tausend songs,  
den letzten nur bis zum refrain  
nur damit du weißt  
wie lange das schon geht  
wie lang sich alles schon nur noch  
um dich dreht*

*ich habe dir mein herz geschenkt  
ich hab es ganz und gar verlor'n  
pass gut auf, daß es auch  
immer weiter schlägt  
weil es nur liebe verträgt*

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